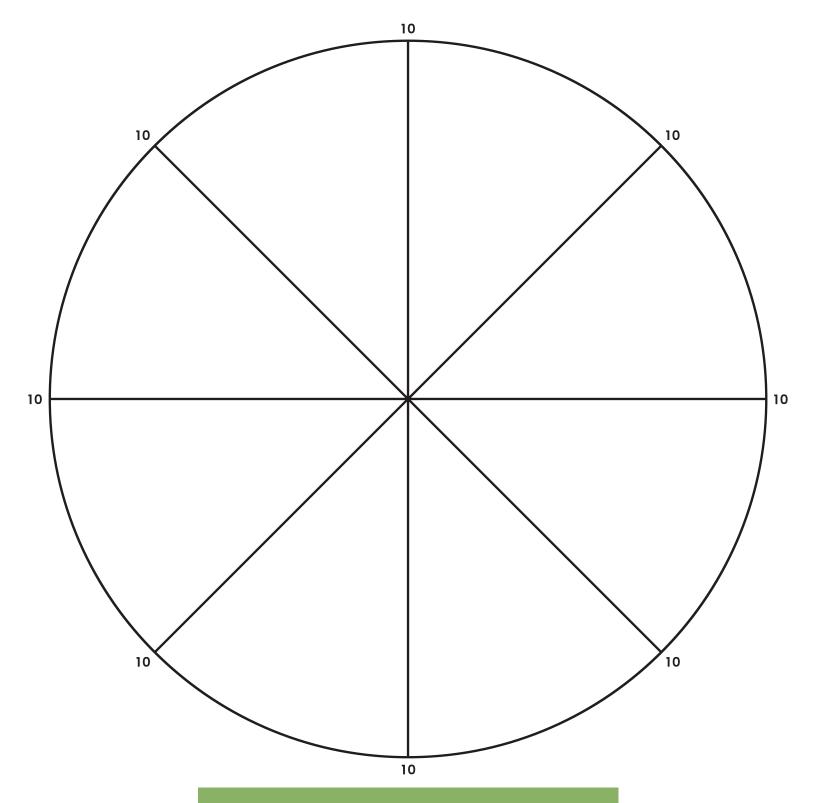
Time Management WORKSHEET





When you have too much to do and not enough time, complete the following worksheet:

- Write down your goal here: _
- 2. Write down all the important things that you have to do in each of the pie slices on the chart below.
- 3. Label each slice from 1 to 10. 1-being important and 10-being "absolutely critical and must get done, no matter what".
- 4. Now colour in each pie slice from 1 to the number you've designated.
- 5. Looking at your goals and looking at your pie chart, what do you notice?
- 6. Where are you spending too much time, and where do you need to relocate your time?



Need more help? Book a free coaching consultation today and move you forward!

Adam Melnyk, Leadership Coach Phone: (780) 983-6017 Email: amelnyk@seedingthelead.com Website: www.seedingthelead.com